

*'Learning is the only thing the mind never exhausts, never fears and never regrets.'*

**-Leonardo Da Vinci**

Dear parent

Greetings from Gurukul – The School !!

Summer vacations, a blissful period for your children where they can break free from the humdrum routine is around the corner. It is the need of the hour, to guide the students to develop their hidden potential to the hilt and also to help them form a beautiful bonding with you and their grandparents forever. We, as educators would like to continue with our roles of honing their skills to become world class citizens. This humongous task cannot be accomplished without your unflinching support. Once again we seek partnership with you to fine tune their senses and help them to become exemplary human beings. Needless to say, it will become a part of their value system forever. "In the beginning, habits are like cobweb and later on they become chains", keeping this in mind, we are enlisting certain lifelong activities that will be ingrained forever in a Gurukulite's personality. It is our earnest request to kindly guide them to follow the given list of activities not only during the summer vacations, but throughout their lives. Here are the things to be done:

1. "First we form habits, then they form us". This is aptly stated by some great mind. **Help your child to form a habit of getting up early in the morning** even when the school is off. They may want to sleep more for a little while and convince you not to disturb them in the morning, however once they get into the habit of leaving the bed early in the morning, half the battle is won.
2. Encourage them to **incorporate some kind of physical activity** like walking, jogging, running, aerobics, dancing or any other sports activity. If possible, take time out of your busy schedule and accompany them in making it a fun filled activity. They will thank you for being a great fitness buddy!
3. Let your children help you in cleaning the house, **removing clutter from their room and organising their books and clothes** in an orderly manner.
4. **"A reader is a leader and a leader is a reader"**. We have heard about the value and importance of a good book. Now is the time to help your child inculcate this habit of reading self help and motivational books which are easily available online too. The recommended books are 'Goals' by Brian Tracy, 'The Monk Who Sold His Ferrari' by Robin Sharma, 'Eat That Frog' by Brian Tracy, 'You can win' by Shiv Khara or any scripture for class IX-XII Spinning Yarn' – the best children's stories from India, 'Hot Chocolate Is Thicker Than Blood' by Rupa Gulab, 'Our Nana Was A Nutcase' by Ranjit Lal, 'Manan' by Mohit Parekh for class VI-VIII.
5. Give them nutritious diet and encourage them to develop healthy eating habits. Discourage them to have junk food and foods with empty calories. Teach them a recipe or two to hone their culinary skills.
6. Encourage them to do some gardening activities, **start a plantation drive in the colony or your society and render a great service to the mankind.**
7. Encourage them to **make a time table for self study**. Guide them to study in way that they don't get bored.
8. Greeting people triggers conversation. It helps us with connect to people at a more personal level. **Encourage your child to greet people in the most respectful manner** to maintain a cordial relationship with all.
9. A family that eats together feels a strong and eternal bond with one another. The dinner time allows us to reconnect. **Have a fruitful conversation with your children at dinner time** and talk about life and their future plans etc.

**Warm Regards**

**Gaurav Bedi**  
Principal



**Happy Holidays !!**



## POPULAR STRUGGLES AND MOVEMENTS

*“Revolution is about the need to re-evolve political, economic and social justice and power back into the hands of the people, preferably through legislation and policies.”*

—Bobby Seale

No real social change has been bought about without a social movement. A movement is but a thought carried into action. Personal transformation does have global effects. As we go, so goes the world, for the world is us. To develop an understanding of the processes of change and development—both in terms of time and space, through which human societies have evolved, prepare a project on Popular Struggles and Movements.

### **GENERAL INSTRUCTIONS—**

1. The project carries 25 marks.
2. The project should be made on A-4 sized, coloured ruled sheets and arranged in a file/folder.
3. Each task should be done on a separate sheet with your details (name, class & section and roll number) on every sheet.
4. It should be hand-written.
5. It should be pictorial, well-researched and well- presented.
6. Cover page, index, acknowledgements, content and bibliography are a must.

**TASK-1:** On the basis of the hints given below, make an elaborated project on Narmada Bachchao Aandolan.

- Introduction
- Apopular movement
- A social movement (Characteristics of Social Movement)
- Perception of the following bodies on the Movement—
  - ✓ Government— Through Government Reports
  - ✓ Society as a whole— Through Newspaper reports
  - ✓ Public Perception
- Conclusion—Students’ perception and their understanding

***Assessment Parameters: Content-Researched, Conclusion and Presentation: 5 Marks***

### **TASK-2: Read the following passage—**

“Government faces opposition to the construction of large dams, such as the Tehri Dam on the river Ganga. (You must have read about the protests by the Narmada BachaoAndolan - Save the Narmada Movement and about raising the height of the SardarSarovar Dam on the river Narmada).

Criticisms about large dams address three problems in particular —

(i) Social problems because they displace large number of peasants and tribal without adequate compensation or rehabilitation.

(ii) Economic problems because they swallow up huge amounts of public money without the generation of proportionate benefits.

(iii) Environmental problems because they contribute enormously to deforestation and the loss of biological diversity.

The people who have been displaced by various development projects are largely poor tribal who do not get any benefits from these projects and are alienated from their lands

and forests without adequate compensation. The ousters of the Tawa Dam built in the 1970s are still fighting for the benefits they were promised.”

❖ **On the basis of the paragraph attempt the following questions—**

- Although it is a hydroelectric project which will help to curb the energy needs of the country, even then it has brought a lot of criticism about large dams. Justify the statement.
- What are the problems faced by the people living near multipurpose projects. How can we overcome these problems?

**Assessment Parameters:** *Critical and Logical thinking, reasoning and presentation: 5 Marks*

**TASK-3: Hone your writing skills by attempting the following questions—**

- Both the boys, Nikola and Jacopo, have left a deep imprint on the author’s mind. When the author gets back to his city, he writes an article titled, “PROFILES IN COURAGE POST THE WAR”, recounting the brave efforts of the two brothers. Respecting their feelings, he uses fictitious names for the two boys. Write the article.
- Mahima/ Kunal, Head Girl/Boy of Tagore International School, Amar Kantak, MP, wants to conduct a Disaster Management Workshop in the school. She/He writes a letter of enquiry to M/S Earthmovers Pvt Ltd., Greater Kailash, New Delhi, who specialise in conducting workshops for schools and colleges to train the students in case of Natural Disasters like earthquake and flood. She/ he decides to write a letter of enquiry using your own ideas and the ideas from the unit Health And Medicine of your MCB.
- On the basis of the given initial lines, write a story in about 200 words-  
Rohan was really excited as he was going to his favourite place, SardarSarovar Dam. It was his lifetime wish to be there. Before starting the journey, he ensured that he had not forgotten anything. Finally, the big day came. However, destiny had some other plans for him. Suddenly, there was sea of people protesting to save Narmada, paralysing the local system.....

**Assessment parameters:***Content of the written material, Format and expression: 5 Marks*

**TASK-4:**

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**Assessment parameters:***Content of the written material, Format and expression: 5 Marks*

**TASK-5:**

Use pie charts to represent the different domains (industries, electricity, irrigation etc.) which are going to be benefited from the construction of this dam, also make a different pie chart to represent the different domains( like Migration of people, Deforestation, aquatic life, mineral content etc.) which are going to be affected from the construction of this dam. Now compare this data and give your opinion/suggestion on this Social Issue so that people can overcome from this problem.

**Assessment Parameters:** *Content of the Research, Analysis of data and presentation in the form of Pie Chart: 5 Marks*

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